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Swedish Radiation Safety Authority

The worker is to submit this completed and signed form to the doctor, as documentation for the fitness for work certificate. See the attached instructions.

Health declaration Work involving ionising radiation

As per the Swedish Radiation Safety Authority's regulations (SSMFS 2018:1) concerning basic provisions for licensed activities involving ionising radiation.

The worker's contact details

Name		Personal identity number (YYMMDD-XXXX) ¹
Postal address		Postcode, city, country
Telephone	Email address	

¹ In the event the worker has no Swedish personal identity number (*personnummer*), provide the individual's date of birth instead using this format: YYYY-MM-DD.

Information about the employer

Name of employer	
Organisation/company registration number	
Postal address	Postcode, city, country

Health declaration

Information about measured or calculated radiation doses (millisieverts) from the previous calendar year, including effective dose, committed effective dose in addition to any equivalent doses to the lens of the eye, skin or hands.
Have you, since your previous health declaration/medical examination, been admitted to hospital for an illness, or do you have a hypersensitivity (allergy) to something?
Yes
No
Have you, since your previous health declaration/medical examination, been examined by a doctor owing to a newly discovered illness, or hypersensitivity?
Yes
No

Strålsäkerhetsmyndigheten Swedish Radiation Safety Authority Have you, since your previous health declaration/medical examination, had a medical prescription changed for treatment of an illness?

Yes No

If you have answered yes to any of the three questions above, state the point(s) in time, illness and care establishment, or describe your hypersensitivity.

Signature of the worker

City, date

Signature

Name (please print)

Instructions

Background

The Swedish Radiation Safety Authority's regulations (SSMFS 2018:1) concerning basic provisions for licensed activities involving ionising radiation are based on the EU's Council Directive 2013/59/Euratom laying down basic safety standards for protection against the dangers arising from exposure to ionising radiation. SSMFS 2018:1 belongs to the body of regulations implementing this Directive in the Swedish regulatory framework.

Assessments of fitness for work are conducted for the purpose of worker safety. Their intention is to prevent someone who is particularly sensitive to detriment from radiation exposure from being employed or continuing to be engaged in work involving ionising radiation. It is also taken into consideration whether certain pieces of personal protection equipment might give rise to specific health issues. In order to make an adequate assessment, the examining doctor must not only look into the kind of work the examined individual intends to carry out, but also identify exposure pathways linked to this work.

According to the above-mentioned Directive, all individuals belonging to Category A whose work involves ionising radiation are required to undergo regularly occurring medical examinations. Category A workers are defined as workers who are likely to receive an annual effective dose of 6 mSv, or annual equivalent dose, as per Chapter 2, Sections 2 to 5 of the Radiation Protection Ordinance (2018:506). In this connection, the probability of accidents and incidents is to be taken into consideration. Many practices and activities normally involve no doses or negligible doses; however, an emergency situation or a mistake might lead to high doses.

Category A workers are required to undergo medical surveillance, as stipulated by Chapter 4, Sections 29 to 32 of SSMFS 2018:1. This medical surveillance consists of medical examinations, whose interval is determined by the doctor in consultation with the worker, with health declarations required during interim years. If no particular aspects are stated by the health declaration, the individual's health status is to be deemed unchanged.

Medical examinations

A medical examination has the scope determined by the doctor, set in relation to the nature of the individual's intended work.

The worker is to be informed that an assessment of fitness for work and a decision taken based on such grounds may on request be examined by the Swedish Radiation Safety Authority under Chapter 4, Section 36 of SSMFS 2018:1.